

## Resources for Talking with Kids about Cancer



No matter who in your child's life has cancer, these links have a lot of good ideas for adults to consider when talking with their children about cancer. In general, it's important to be honest and give small amounts of information at a time. Let your child lead in asking you questions. Allow your child to feel a variety of emotions and support them in being respectful and responsible through their words and actions. Focus on the healing process and how he/she can help support a loved one have the best recovery possible.

### Links:

<https://www.wondersandworries.org/for-parents/> Wonders & Worries provides professional support for children through a parent's illness. This link takes you to the parent tips.

<https://www.wondersandworries.org/for-parents/recommended-reading/> Books to help you and your children through illness, based on recommendations from Wonders and Worries Child Life Staff.

<https://www.cancer.gov/about-cancer/coping/adjusting-to-cancer/talk-to-children> Information to help you talk to your kids, teens, and adult children about cancer.

<https://www.cancercouncil.com.au/cancer-information/for-family-and-friends/> Support, information and resources to help families and friends providing care to a loved ones with cancer.

### You Tube Video:

Someone in My Family Has Cancer- Intended to be watched with your child as a conversation starter. Be sure to preview first.

[https://www.youtube.com/watch?v=u1erqxA\\_Ouk](https://www.youtube.com/watch?v=u1erqxA_Ouk)